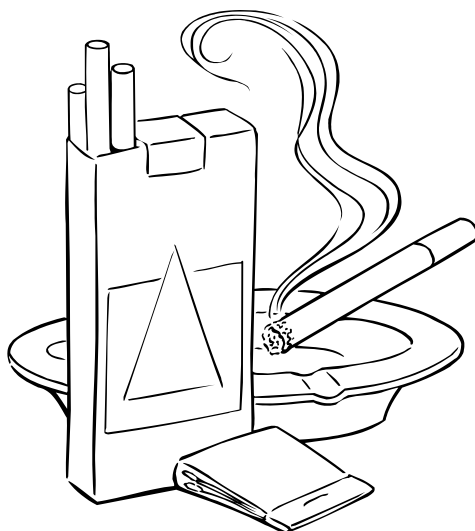


Attention Smokers!

The Cost of Smoking



Do you know how much smoking costs you?

The prices below are based on a cost of \$4.00 per pack.

	1/4	1/2	1	1 1/2	2	2 1/2	3
Daily	\$1.00	\$2.00	\$4.00	\$6.00	\$8.00	\$10.00	\$12.00
Weekly	\$7.00	\$14.00	\$28.00	\$42.00	\$56.00	\$70.00	\$84.00
Monthly	\$30.00	\$60.00	\$120.00	\$180.00	\$240.00	\$300.00	\$360.00
Yearly	\$365.00	\$730.00	\$1460.00	\$2190.00	\$2920.00	\$3650.00	\$4380.00
10 Years	\$3,650.00	\$7,300.00	\$14,600.00	\$21,900.00	\$29,200.00	\$36,500.00	\$43,800.00
40 Years	\$14,600.00	\$29,200.00	\$58,400.00	\$87,600.00	\$116,800.00	\$146,000.00	\$175,200.00

Please note:

The above figures do not take into account the increase in health-related costs (i.e. cough, cold, asthma or other medications), lost workdays, hospitalizations or interest from savings.

What's in Tobacco Smoke?

Have you ever wondered what's really in tobacco smoke—the smoke that comes from a burning cigarette, cigar, or pipe? Well here are the “ABC’s of Tobacco Smoke:”

Acetaldehyde - flammable liquid used in perfumes

Acetone - nail polish remover

Ammonia - floor & toilet cleaner

Acrolein - poisonous liquid

Arsenic - a highly poisonous metallic element

Benzene - highly flammable liquid

Butane - cigarette lighter fluid

Carbon monoxide - car exhaust fumes

Chromium - used to harden steel

DDT - insecticide used in crop dusting

Formaldehyde - embalming fluid

Hydrogen cyanide - gas chamber poison

Lead - a toxic metal

Methanol - rocket fuel

Naphthalene - mothballs

Nickel - common metal used in batteries

Nicotine - insecticide and highly addictive drug

Nitrobenzene - gasoline additive

Nitrogen oxide - anesthetic or “laughing” gas

Phenol - caustic compound used in plastics

Strychnine - rat poison

Styrene - colorless oily liquid

Sulfur dioxide - extremely irritating gas

Toluene - industrial solvent

Urethane - a solvent

Vinyl chloride - used to make PVC piping

These are just a few of the over 4,000 chemicals and metals that have been found in mainstream and secondhand tobacco smoke.

Watch out for that cigarette smoke!

*For more information on quitting smoking, call toll free
1-800-QUIT-NOW.
(784-8669)*



South Carolina Department of Health and Environmental Control
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